

Sports News

December Edition 2021



Real Leaders Training – Year 5: On Thursday 2nd December, a group of Year 5 children took part in Real Leader Training led by Natalie Lawrence, Sports Manager for Northamptonshire Sport. The children learnt what it means to be a great leader and had the opportunity to lead groups during the day. All children showed great promise and willingness to learn with the aim of using their skills throughout the year in lessons, clubs and lunchtime activities – well done!

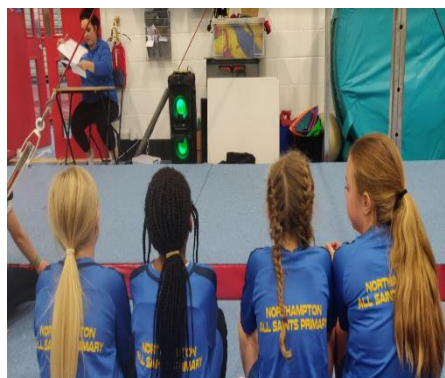


Our School Curriculum – Year 1 Real PE: As well as Dance this term, Year 1 completed a lesson of 'Real PE' each week (as do every other year group). This child-centred programme of study offers a level of challenge each lesson either on agility, balance or coordination whilst working within a 'cog'. This term it has been the Social Cog. The children have been working very hard improving their balance and this week, moved on to passing a piece of equipment between one another.



Gymnastics

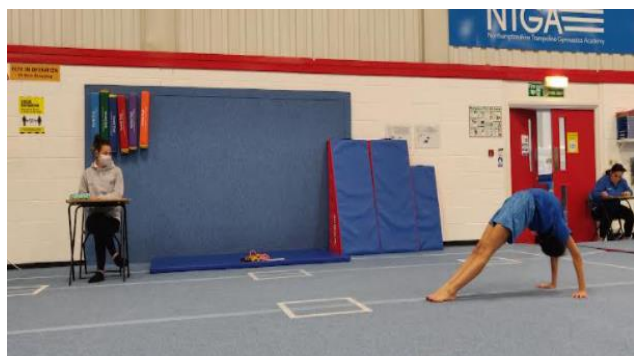
competitions: Over the last 5 weeks, a group of Year 4s and 5s have been learning and practising routines in their lunchtimes and at home in order to prepare for Northampton Gymnastics Competitions in their respective age groups. Performing in front of judges and other schools is no mean feat and they represented the school marvellously. Their dedication and hard work paid off as they came away from their events feeling happy and incredibly proud of themselves – as are we!



Year 4: On Friday, 3rd December, Eden, Lillie-Rae, Temi and Tilly achieved 3rd place out of 18 schools*.

Year 5: On Friday, 10th December, Brooke, Ella, Eva and Tia had their turn against 12 other schools* who also came 3rd. A special mention to Brooke who was scouted by the NTGA, who were there judging the event.

(*participating over several sessions.)



Extra-curricular clubs from January – Years 1-6:

Do not forget to visit www.freestylegroup.co.uk to sign your child up for our range of clubs. PLEASE NOTE THE START DATE WHEN BOOKING AS THESE MAY VARY.

GYMNASTICS	FOOTBALL	DODGEBALL	DANCE	ARCHERY
Years 1-6 Monday 08:00 – 08:40 12 PLACES	Years 1-3 Monday 12:30 - 13:00 10 PLACES	Years 1-6 Tuesday 08:00 – 08:40 16 PLACES	Years 1-6 Wednesday 12:30 – 13:00 11 PLACES	Years 1-6 Friday 12:30-13:00 16 PLACES
	Years 4-6 Monday 12:00 – 12:30 12 PLACES			