

Sports News

September Edition A 2021



Welcome to the first Sport & PE newsletter of the year!

Extra-Curricular Clubs: From 20th September, clubs will start for Years 1-6. If your child is unsure whether they would like to take part, on Wednesday 22nd September, they will receive a taster session from a Freestyle coach along with a letter with more information. Places are on a first come first serve basis and can be booked via their website – www.freestylegroup.co.uk

FREESTYLE
— SPORTS & ARTS —

Year 1/2	Year 3/4	Year 5/6
Football	Gymnastics	Dodgeball
Thursday 08:00 – 08:40	Monday 08:00 – 08:40	Tuesday 08:00 – 08:40
7 spaces available	7 spaces available	10 spaces available



Beat the Streets! Our school has signed up to a great game that is happening across the town. Running from 22nd September to 3rd November, 'Beat Boxes' will be positioned all over town for you to find and walk, cycle or run between. This is a great way to explore the local area and get active at the same time. See the attached letter for more information and how to get involved.

Our School Curriculum – Year 5 Table Tennis:



We are extremely lucky at All Saints to have a range of indoor and outdoor spaces for our PE lessons.

In each newsletter, we will be looking at a year group's PE lessons. This term,



Year 5 are exploring Net Games, the first being Table Tennis. It was great to watch and there is definitely some talent amongst the year group!

Northampton Junior Table Tennis Club takes place at Duston School and is open to all abilities.

<https://www.northamptonjuniorabletennisclub.com/>

Dear School,

Northampton is being transformed into a giant game and your school is invited to play!

Beat the Street is a fun, free walking, cycling and rolling game which gets staff, pupils and their families out and about in the local area, having fun and keeping healthy. The Northampton game runs from 22 September to 3 November 2021.



Beat the Street Northampton is brought to you by West Northamptonshire Council, Public Health Northamptonshire, Northamptonshire Sport with funding from the National Lottery via Sport England. It is delivered by Intelligent Health.

Beat the Street is designed to get children and communities moving by helping people to make small changes, such as walking or cycling to school every day, to improve health and help embed physical activity into everyday life. So far over a million people and 4,000 schools have taken part in games across the UK and beyond. Evidence shows that the programme really helps adults and children become more active.

How does it work?

Your school will sit on school leader boards on the website www.beatthestreet.me/northampton. Top school teams will win hundreds of pounds worth of vouchers. The game is designed to work for large and small schools. Individuals can also win Lucky Box prizes, including extra points and Beat the Street goodies.

Game card readers called 'Beat Boxes' will be positioned around Northampton, including one outside your school. Players use game cards/fobs to hover these at Beat Boxes as they travel around scoring points which sit on their individual and school leader boards.

How to play

- 🌀 View the website www.beatthestreet.me or our video [Beat the Street how to play](#)
- 🌀 Explore your local area, finding Beat Boxes using the online or paper map.
- 🌀 Hover your card or fob next to the contactless Beat Box until it beeps and flashes.
- 🌀 Walk, cycle or roll to your next Beat Box within an hour. Hover your card/fob on another Beat Box until it beeps and flashes – you have now scored 10 points!
- 🌀 Carry on your journey. Score 10 points for each extra Box you visit.

We look forward to playing Beat the Street with you and your school soon!

Best Wishes, the Beat the Street Team