



**All Saints CEVA Primary School**  
**Child Friendly Anti-Bullying Policy**

*'Do to others as you would have them do to you'. Luke 6:31*



In All Saints Primary School bullying is taken very seriously. We try to support and help our children in understanding that their actions and decisions can have an impact on others. We want all our children to make the right choices and to feel safe at school.

**WHAT IS BULLYING?**

Bullying is when someone attempts to **repeatedly** cause discomfort and pain mentally or physically **deliberately**..



**TYPES OF BULLYING**

**Emotional/Mental:** Harming and damaging a person's feelings causing distress or anxiety; for example leaving someone out of games deliberately.

**Physical:** Hurting someone else by hitting, kicking, punching, spitting, biting, pushing.

**Verbal:** Saying harsh and mean comments, calling someone names or teasing them.

**Racist:** Insulting someone because of their skin colour, religion and beliefs, accent or how they look or where they are from.

**Cyber Bullying:** Saying unkind things by text, email or on social media.

### IF YOU ARE BEING BULLIED...

Do	Don't
<ul style="list-style-type: none"><li>● Ask them to STOP if you can</li><li>● Walk away</li><li>● Write a note and put it in the worry box or give it to a member of staff if you are too worried to speak about it</li><li>● Talk to a grown up or a friend</li><li>● ALWAYS TELL SOMEONE!</li></ul>	<ul style="list-style-type: none"><li>● Do what the bully says</li><li>● Get angry or upset</li><li>● Hit them or be unkind back</li><li>● Think it is your fault</li><li>● EVER HIDE IT.</li></ul>



### WHAT SHOULD YOU DO IF YOU SEE SOMEONE ELSE BEING BULLIED?



**Tell a trusted adult or friend immediately.  
Never ignore the actions of the bully.  
Help the bully understand that his/her  
actions and behaviour are not acceptable in  
our school.**

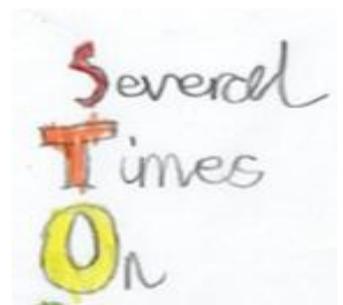
### **PUT AN END TO BULLYING!**

**The Headteacher, the Governors, the staff and the Junior Leadership Team will work together as a group to stop bullying in our school. We want all our children to have the right to learn in a safe and happy place where no bullying is allowed and everyone can be who they are.**



### **WHO CAN I TELL?**

- Any teacher or teaching assistant
- Any lunchtime supervisor
- The Head Teacher or Deputy Head Teacher
- Mrs Hill, Mrs Pyne or Mrs Jeffs in the office



- My Friends
- My mum or dad
- My grandparents
- My older brother or sister
- A friend who will speak to an adult for you

If someone bullies you tell a trusted adult or friend immediately. You can also write it down and put it in the worry box or speak to Mrs Dickens, in the rainbow room, at any break time to get help and support.

**Just remember it is important to START TELLING OTHER PEOPLE!**



This policy has been produced by the  
children of the  
All Saints  
Junior Leadership Team.