

Extreme Heat Risk Assessment for Children, Staff and Visitors

All Saints CEVA Primary School

Assessment conducted by: Claire Dunstan	Job title: Head Teacher	Covered by this assessment: pupils, staff, visitors, governors
Date of assessment: 18/7/22	Review: in-line with weather forecasts / DfE / NNC / Public Health England advice	Date of next review: 19/7/2022

Related documents

Health and Safety Policy, First Aid Policy, Emergency Plan, Public Health Guidance and WNC advice

Risk rating		Likelihood of occurrence		
		Probable	Possible	Remote
Likely impact	Major Causes major physical injury, harm or ill-health.	High (H)	H	Medium (M)
	Severe Causes physical injury or illness requiring first aid.	H	M	Low (L)
	Minor Causes physical or emotional discomfort.	M	M	L

Area for concern	Risk rating prior to action H/M/L	Recommended controls	In place? Yes/No	By whom?	Deadline	Risk rating following action H/M/L
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Classroom temperatures	H	<p>Staff to monitor temperature in classrooms throughout day. Electric fans in classrooms, ice in a tray in front of fan can improve effect. Staff can bring in fans from home (less than 2 years old) Windows opened and blinds down before school begins in ALL classrooms, then windows closed as temperature rises. If temperature drops after school day and before closing- open windows to encourage change of air. If classroom temperature (taken at table-height in the middle of the room) becomes a concern, children to be located to cooler room. Electric lighting to be turned off / kept to a minimum in ALL classrooms Classes could also spend short spells outside in the shade if appropriate. If classroom temperatures exceed 35 degrees, electric fans are not useful and should be turned off and the class relocated elsewhere.</p>	Yes		Mon 18.7.22	M
Risk of sunburn/heat stroke	H	<p>Avoid pro-longed exposure outside from 11-3pm. Morning breaktime to end by 11am, lunchtime=indoor only- using gym (clubs cancelled) , classrooms and canteen- see change of timetable. No afternoon breaks. No PE /Physical exercise. Parents advised to send children in with hats and sunscreen, water bottles, PE kit.</p>	Yes		Mon 18.7.22	L
Communal spaces	H	<p>Worship cancelled in Chapel Ensure all windows are open in all communal spaces before school and close by 11am (hall, Music Room, gym etc) and blinds down.</p>	Yes		Mon 18.7.2022	L

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Dehydration/ heat exhaustion	H	<p>Children to have water available at all times, jugs/cups in classrooms, urn in gym. Cups provided for children without a water bottle Class teachers to ensure every child has a water bottle/cup and give regular reminders to drink and refill.</p> <p>Signs of heat exhaustion:</p> <ul style="list-style-type: none"> • a headache / dizziness and confusion • loss of appetite and feeling sick • excessive sweating and pale, clammy skin • cramps in the arms, legs and stomach • fast breathing or pulse • a high temperature of 38C or above • being very thirsty <p>The symptoms are often the same in adults and children, although children may become floppy and sleepy. If someone is showing signs of heatstroke, they need to be cooled down</p> <p>Signs of heatstroke include:</p> <ul style="list-style-type: none"> • high body temperature – a temperature of or above 40°C (104°F) is a major sign of heatstroke • red, hot skin and sweating that then suddenly stops • fast heartbeat / fast shallow breathing • confusion/lack of co-ordination • fits / loss of consciousness 	Yes		18.7.2022	M
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Dealing with heat exhaustion/ heatstroke	H	<p>If a child is suffering from heat related illness these are the steps you should take</p> <ol style="list-style-type: none"> 1. Move the child to as cool a room as possible and encourage them to drink cool water (such as water from a cold tap). 2. Cool the child as rapidly as possible, using whatever methods you can. For example, sponge or spray the child with cool (25 to 30°C) water – if available, place cold packs around the neck and armpits, or wrap the child in a cool, wet sheet and assist cooling with a fan. Feet in tray of cool water. 3. Dial 999 to request an ambulance if the person doesn't respond to the above treatment within 30 minutes. <p>School first aiders to be called to monitor situation, keep a note of timings and school office to contact parent/carer</p>	Y		18.7.2022	M
Lack of playground shade	H	<p>Children encouraged to keep to shady areas during morning break 10:30 – 10:45am Staff to encourage children to exercise as little as possible. Children not allowed to run around and overheat. All children to wear hats and sunscreen. if staff deem playground to be too hot then children to go inside. Film etc to be shown to encourage children to be calm and still.</p>	Y		18.7.2022	M
Member of staff taken ill	M	<p>First aider to be called to assess the situation If member of staff in a class alone, first aider to call for class cover and deal with member of staff as required (move to separate room if safe to do so) If member of staff needs first aid treatment in situ (or needs to be placed in the recovery position), remove children to nearest available safe space. Call ambulance and next of kin as required. Offer support to children if they have witnessed anything potentially distressing.</p>	Y		18.7.2022	L
Clothing	H	<p>Children to wear cool clothes/PE kit, staff to wear cool clothes. Message sent to parents re the above. Staff should also wear cool, comfortable clothing. Reminder also sent regarding sun cream and sunhats which must be worn. Children without a hat must be kept to shady areas.</p>	Y		18.7.2022	L

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School day / timetable	M	School day to remain at normal times 8:40am – 3:15pm No PE lessons to take place 18 – 19 th July 2022 Sports day moved to Thursday when temperature predicted to be cooler.	Y		18.7.2022	L
Staff wellbeing	M	Working spaces/classrooms to be assessed as required. Staff members encouraged to wear sunscreen, hats and drink water. Staff members can bring in additional fans (less than 2 years old) and frozen water bottles/ice packs from home for their classroom Staff on morning break duty to be covered after break by their TA /another adult to ensure they can get a cool drink and have a short break.	Y		18.7.2022	L

Further advice:

NASUWT - <https://www.nasuwt.org.uk/advice/health-safety/excessive-working-temperatures.html>

HSE - <https://www.hse.gov.uk/temperature/index.htm>

TUC - <https://www.tuc.org.uk/news/tuc-calls-employers-keep-their-staff-safe-temperatures-soar#:~:text=The TUC would like to,provide sun protection and water.>

Gov <https://educationhub.blog.gov.uk/2022/07/14/advice-for-schools-and-other-education-settings-during-a-heatwave/>